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RAFE ARNOTT/METRO VANCOUVER

Suman and Manjit Virk, parents of murdered teen Reena Virk, leave the B.C. Court of Appeals yesterday, after a three-member panel reserved their decision on the case. Kelly Ellard, one of Virk's convicted killers, is seeking a fourth trial. Her lawyer argues her conviction was based on gossip and rumour.

Ellard seeks 4th trial

Reena Virk's parents say process is tiring

By **JEFF HODSON**
Metro Vancouver

Suman Virk said she has come to the realization that the legal battle around her daughter's death will likely never end.

Reena Virk was swarmed by a group of teenagers in Victoria, in November 1997, beaten and then drowned.

Kelly Ellard, 15 at the time of Virk's death, was found guilty of second-degree murder in 2005.

She appeared in B.C. Court of Appeal yesterday with lawyer Peter Wilson to ask the three-member panel for a fourth trial.

"We've come to realize that no matter what is done in this case there's never going to be an end to the whole situation," said Suman Virk, who attended yesterday's hearing with her husband Manjit.

"Once you've lost someone, that loss is permanent."

Wilson argued that the bulk of the evidence that contributed to Ellard's conviction was based on gossip and rumour amongst the teenaged witnesses.

He also challenged the credibility of the testimony of Warren Glowatski, Ellard's co-accused.

Glowatski was also convicted of second-degree murder. He received parole last year.

Crown argued it was up to the jury to decide what testimony would be accepted.

The panel reserved their decision, and it could be weeks or months before they release it.

Suman Virk said the process is tiring and wishes Ellard would just admit her guilt.

"It's anybody's guess on which way it's going to go," she said. "So we start waiting one more time."

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local

The business and home of a Burnaby man allegedly selling unregistered stock in a questionable technology have been raided by the RCMP and securities regulators. Adis Golic was promoting a technology for mufflers that is claimed to reduce emissions by 97 per cent. SOURCE: NEWS1130.COM

Court battle blasted

Cash better spent on new injection site, plaintiff says

By **KRISTEN THOMPSON**
Metro Vancouver

The money spent on the fight to keep Vancouver's supervised injection site open would have been better spent on opening another site, a plaintiff in the case said yesterday.

Dean Wilson, a drug user and former president of the Vancouver Area Network Of Drug Users, said while he's pleased with the B.C. Supreme Court court's decision, it shouldn't have gone to court.

On Tuesday, InSite was granted permanent constitutional exemption from two sections of the controlled drugs and substances act. Until then, the site required an exemption from Canada's drug laws to remain open.

"What the judge essentially said was that addicts … have the right to the same health care as everyone else and addiction is a health-care issue as opposed to a criminal issue," Wilson said.

Monique Pongracic-Speier, the plaintiffs' lawyer, said the courts gave the federal government until June 30, 2009, to rewrite the laws to allow harm-reduction initiatives like InSite.

The decision may still be appealed by the federal government.

–kristen.thompson@metronews

RAFE ARNOTT/METRO VANCOUVER

Dean Wilson, a self-proclaimed drug user, is a plaintiff in the B.C. Supreme Court case to keep InSite open.

> *« What the judge essentially said was … addiction is a health-care issue as opposed to a criminal issue. »*
> *Dean Wilson*

»news In Brief

» **DEATH** A dog was killed after being struck by a motorcyclist on the Lougheed Highway. RCMP say the rider suffered minor injuries only despite skidding along the highway for about 33 metres because he wore proper riding gear.

» **TRANSIT** The Translink board meets today to approve changes to the Patullo Bridge, cknw.com reports. The board will decide whether to install a median, or follow the model of the Lions Gate Bridge with three wider lanes and a counter flow system.

METRO NEWS SERVICES

Sex selling out

Tickets going, going, going...

By **ANDREA WOO**
for Metro Vancouver

Those hoping to knock back a few cosmopolitans then shuffle over to see Sex And The City this weekend better have tickets already, as many showings of the much-hyped movie are sold out.

As of press time, tonight's advance showing, as well as six showings tomorrow and three on Saturday are already sold out at the Scotiabank Theatre on Burrard. One theatre employee, who asked not to be named, said that 1,600 people will see it at the Scotiabank Theatre on Friday alone.

"Thursday and Friday are completely gone and Saturday's getting there too," she said.

A 7 p.m. Friday showing at Silvercity Metropolis is also sold out.

Of the 1,600 at the Scotiabank Theatre tomorrow, 25 will have come from Blushing Boutique, which held a movie launch party last night and gave away tickets to the first 20 people who came in and made a purchase. The winners will be shuttled by limo to the movie theatre.

Owner Shelley Klassen said she decided to throw the party because the movie is a perfect fit with the store.

"We're such a girly-girl store and everyone here is such a big fan of the show," said Klassen.

STEPHEN LOVEKIN/GETTY IMAGES

Actress Sarah Jessica Parker attends the after-party for the New York premiere of Sex And The City this Tuesday in New York City.

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Fans are forbidden to cheer, yell and even clap during a minor league lacrosse game in Port Coquitlam tonight. The "silent stands" policy was instituted to crack down on abusive language directed at referees — most are in their teens and some refs are as young as 12. METRO VANCOUVER

Chase suspect appears in court

Rush-hour antics caught on video

By **JEFF HODSON**
Metro Vancouver

A man accused of leading police on a terrifying rush-hour chase in a transport truck appeared in Port Coquitlam court yesterday.

Randall Girard, 49, is charged with three counts of assaulting police after he allegedly stole a truck from a Pitt Meadows farm Tuesday morning.

Girard, balding, goateed and wearing a red prison jumpsuit, listened to yesterday's proceedings through a slit in the glass surrounding the prisoner's dock. Most of what was said is under a publication ban and cannot be reported.

The 49-year-old, who police say is originally from New Westminster, was initially charged with three counts of attempted murder, but the charges have now been changed to assault with a weapon.

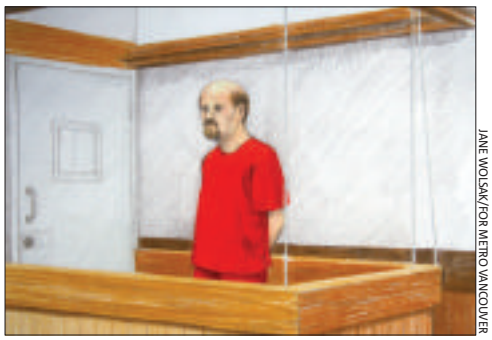
charges

» Girard is also charged with break and entry, theft, dangerous driving, flight from police and mischief.

On Tuesday, a naked man stole a pair of coveralls and a large transport truck from a farm in Pitt Meadows. He was pulled over by police and told officers that he was going to blow up a bridge and that they'd never catch him.

The man drove away, starting a chase that lasted about 30 minutes. The pursuit was captured live by a Global B.C. traffic reporter and broadcast during the morning news.

-jeff.hodson@metronews.ca



JANE WOLSAK/FOR METRO VANCOUVER

Randall Girard appears in Port Coquitlam court yesterday .

Boys just as likely to face sex abuse as girls: Report

By **ANDREW KING**
for Metro Vancouver

Boys are just as likely to be sexually abused as girls, a University of B.C. report released yesterday claims.

The UBC study found that more than one in three street-involved B.C. teens have been sexually exploited, regardless of gender. The majority of teens, as young as 12, first experienced exploitation after they ran away from home or were kicked out.

"This is a hidden population," said principal investigator Elizabeth Saewyc. "Our findings shatter some of the common stereotypes about what sexual exploitation is, and who is exploited."

Researchers studied the experiences of more than 500 sexually exploited youth, aged 12 to 25, from 2000 to 2006.

The study says lesbian, gay and bisexual teens account for a third of those exploited.

"Teenagers belonging to sexual minority groups were the most at risk of sexual abuse," said scientific director Dr. Joy Johnson.

The study also found that a significant number of teens exchanged sex for essentials, such as food and shelter.

"Teens shouldn't have to be exploited just so they have a place to stay, or food to eat," said research associate Jayson Anderson.

Natural Wonders **Sparkling display**

RAFE ARNOTT/METRO VANCOUVER

A sales associate with Tiffany & Co. in Vancouver wears more than $1 million in diamonds yesterday. The ring and bracelet are a small part of the company's Natural Wonders diamond collection, which is on display until June 13 at Tiffany's on Burrard Street.

Man arrested for rental fraud on Craigslist

Police are warning people to beware of fraud on Craigslist after would-be renters paid deposits for apartments that do not exist.

Vancouver Police Const. Tim Fanning said that 31-year-old Edward Francis Hamilton has been arrested on five accounts of fraud after he rented rooms to at least five people from Vancouver and Alberta.

"People have to make sure they actually go see the place," said Fanning.

He added that rental fraud is a common occurrence and encourages the public to report future cases to police.

ANDREW KING/FOR METRO VANCOUVER

Bear spray used in gold art heist

Cameras stopped taping before theft: Museum director

Thieves used bear spray and wore gas masks when they stole 12 pieces of Bill Reid art from the Museum of Anthropology this weekend.

In an interview with the CBC, museum director Anthony Shelton said several key surveillance cameras stopped recording about four hours before the theft, which occurred while the lone security guard was on a smoke break.

value

» The stolen pieces are worth more than $2 million and the University of B.C. has offered $50,000 for their safe return. If melted down the gold is worth $15,392.

The thieves, wearing gas masks, fired bear spray in the museum.

Shelton said an electronic alarm that alerted campus security was tripped when the cameras went offline, but no action was taken.

The burglary was not discovered until a security guard shift change at about 9 a.m. Saturday.

Shelton said police have been questioning staff, but said there is no evidence to suggest it was an inside job.

METRO VANCOUVER

»news In Brief

» **BABY** An online ad offering a week-old baby for sale for $10,000 was a joke, said the baby's father, CBC News Online reports. He said his daughter is in the care of the Ministry of Children and Family Services. He said neither he nor the baby's mother have drug problems but admitted he has a lengthy criminal record. He also has a three-month-old son.

» **NPA** NPA Coun. Peter Ladner is calling for party president Matthew Taylor's resignation after allegedly attacking Ladner's mayoral campaign. He said the attack suggests Taylor is biased and has jeopardized the party's reputation and the integrity of the democratic nomination process.

» **SCIENCE** More than 10,000 scholars will attend UBC's Congress Of The Humanities And Social Sciences conference from May 31-June 8. The roughly 1,000 session topics include politics, war and journalism, the ethics of the seal hunt, ethnicity and aging, trans-racial adoption and the commoditization of children's culture.

METRO NEWS SERVICES

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The Vancouver Police Department got the green light from city council Tuesday night to purchase an armoured truck. The $345,000 bulletproof assault vehicle known as the "Bearcat" would be used when police came under fire from armed suspects.

METRO VANCOUVER

Shakespeare on the beach

Bard enters its 19th season as outdoor theatre

By **KRISTEN THOMPSON**
Metro Vancouver

RAFE ARNOTT/METRO VANCOUVER

Actor Christopher Gaze, left, and Twelfth Night director David Mackay discuss positioning on set yesterday during preparations for today's preview of the 19th annual Bard On The Beach Shakespeare Festival.

While most plays use artfully crafted sets to lay down their stage, one Shakespearean classic, which opens today, relies on nothing more than Vancouver's natural mountain backdrop.

Bard On The Beach, the city's annual outdoor Shakespeare Festival, starts its 19th season this afternoon with a matinee preview of Twelfth Night.

The romantic comedy, along with King Lear, The Tempest and Titus Andronicus will run until the end of September.

Christopher Gaze, the founder and artistic director of Bard, said the festival sold out its seats last year.

"A show may sell out for a three-week run, but when you run 19 weeks and sell out it's a triumph," he said.

"People get hooked. You're outside, you can sit with beer or wine or popcorn in the theatre and watch Vancouver's best actors perform the greatest plays ever written against this exquisite backdrop," Gaze said.

"It's a gorgeous collection of all these exceptional circumstances."

He added the challenge with Shakespeare is to find a new way to tell centuries-old stories.

In the case of King Lear, he said director James Fagan Tait has set the medieval tale in the near future. Last year, The Taming Of The Shrew was performed in a Wild West setting.

"It's a unique look at the play and my hope is that it's very beguiling and people will see this story afresh."

Over the years Bard on the Beach attendance has grown significantly from 6,000 patrons that came in 1990 to more than 86,000 patrons that enjoyed shows in 2007.

-kristen.thompson@metronews.ca

Rallying for a Day of Action

By **ANDREW KING**
for Metro Vancouver

B.C. Aboriginals are set to make some noise downtown at noon in one of nine rallies across the province for the third annual National Day of Action.

Rallies are also being held in Ottawa and several other cities across Canada.

Grand Chief Stewart Phillip said he hopes to draw attention to issues affecting First Nations peoples, such as poverty.

"The general purpose is to raise the public profile of the appalling and disgraceful conditions of poverty in aboriginal communities across this country."

The president of the Union of B.C. Indian Chiefs said the rally is just the beginning of a rolling campaign modelled after the U.S. civil right's movements of the 1960s.

"Planning and organizing a single National Day of Action isn't going to get the job done," he said, adding that more is needed.

my opinion

Today is about truth, action

By **GINGER GOSNELL-MYERS**

The National Day of Action (held today) for Aboriginal people in Canada is about truth, reconciliation, justice and change.

It is also an opportunity for the regular people of Canada to walk peacefully alongside their indigenous neighbours in support of the tremendous actions it will take to achieve the necessary outcomes.

In Vancouver, there are many Aboriginal organizations that throughout the years have created a vibrant and solution-oriented urban Aboriginal community.

These places rely on volunteers, donations and general support as they help those in need, many of them single families and youth. They provide a sense of belonging and hope, like Urban Native Youth Association and the Aboriginal Mother Centre. But the solutions they create cannot be implemented by this small community alone, and projects like the Native Youth Centre that would become an international model of success are dying on the backburner. Widespread support from the general public is needed to create this new and positive path. Reasons for Aboriginal injustice and poverty are not taught in schools, and most people live comfortably with uninformed stereotypical assumptions that only reinforce discrimination and neglect for Aboriginal issues. Today represents that, as a society, we are ready to change all of that.

Ginger Gosnell-Myers, 30, is a board member at the Centre for Native Policy and Research and a Public Policy Graduate Student at Simon Fraser University.

St. Paul's Hospital has heart

Doctors perform record number of transplants in '08

By **KRISTEN THOMPSON**
Metro Vancouver

KRISTEN THOMPSON/METRO VANCOUVER

Al Smith shows the scar from his mechanical heart implant at St. Paul's Hospital yesterday.

A record number of mechanical heart transplants have been performed at St. Paul's Hospital this year, more than any other program of its kind in Canada, according to the Provincial Health Services Authority.

Ten patients have received ventricular assist devices since January — five this month alone and three within 24 hours.

Al Smith, 61, recently underwent the procedure at St. Paul's.

"I know the heart's not going to get any better, but down the road I hope once I recover from this I'll be back on the (road to recovery)," he said.

Without the procedure most of the patients, two of whom are 19- and 22-years-old, would have died, doctors said yesterday.

Andrew Ignaszewski, head of cardiology at PHC, said more than 70,000 people in B.C. suffer from heart disease.

"Until recently, the only life-saving procedure was heart transplantation," he said.

»news In Brief

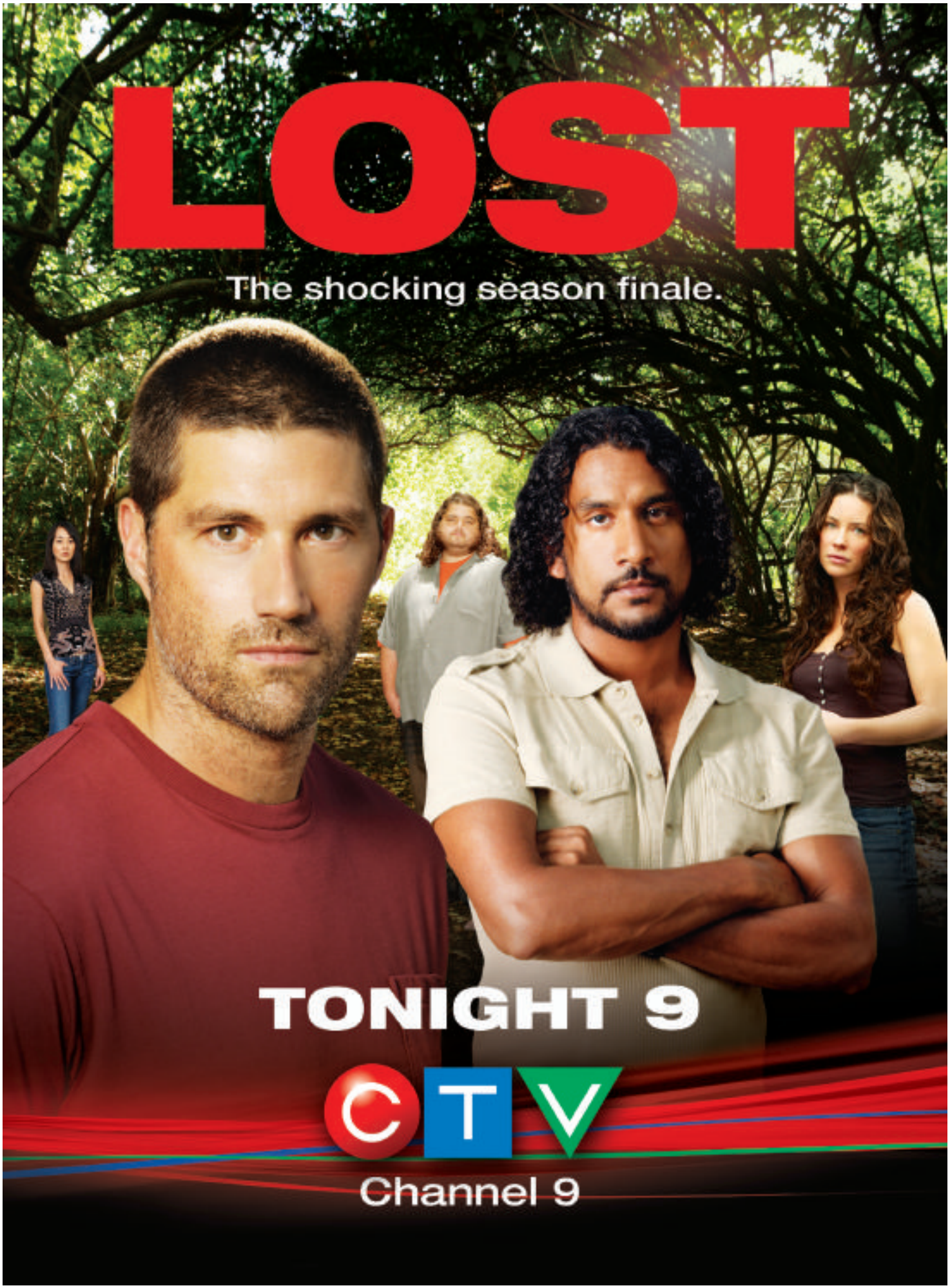
» **TOURISM** The B.C. Chamber of Commerce is calling for more provincial campgrounds, news1130.com reports. Tourism B.C. said there has been a 10 per cent decline in campgrounds since 2005. The Chamber wants to attract more tourists by adding 25 per cent more.

» **CANCER** More B.C. women need to get screened for breast cancer, despite the province having one of the best survival rates in the world. According to the B.C. Medical Journal, only 49 per cent of women between ages 50 to 69 get tested.

» **AWARDS** B.C.'s lieutenant governor announced that 15 British Columbians will receive the Order of B.C. this year, news1130.com reports. The award is presented to people who have made extraordinary contributions to the province.

» **PREMIER** The NDP is urging the B.C. Conflict of Interest Commissioner to investigate whether Premier Gordon Campbell had a personal interest in approving tax breaks to companies like Terra Energy Corporation, cknw.com reports. The premier owned Terra shares in 2005 to 2006 and would have profited.

METRO VANCOUVER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Global warming could reduce ice cover, increasing evaporation rates and dropping water levels in the Great Lakes, and pose added pollution threats to the region's ecosystem, environmental groups said in a report yesterday. REUTERS

Native abuses in spotlight

Hearings to be held across nation

After decades of foot-dragging, Canada is about to take a close look at what one aboriginal leader calls "the single most disgraceful, harmful and racist act in our history."

From the 1870s to the 1970s, around 150,000 native children were forcibly removed from their parents and sent to distant residential schools, where many say they were abused mentally, physically and sexually.

One prominent academic calls what happened a genocide, yet for many years few Canadians knew about it.

Now, for the first time, the mainstream population will be learning a lot more about what was done in its name.

As part of a $1.9-billion settlement between Ottawa and the 90,000 school survivors in May 2006 that ended years of lawsuits, a truth and reconciliation commission is set to start work on June 1.

The commission, which has a lifespan of five years, will travel across Canada and hold public hearings on the abuses. REUTERS

ANDY CLARK/REUTERS

Native women chant during a march in Vancouver in this Feb. 14, 2007, file photo. Canada is about to take a close look at the former residential school program.

Five found dead in Calgary home

Police shaken by scene, one-year-old girl only survivor

By NEIL MACKINNON
Metro Calgary

Five people, including two children, were found dead in a Calgary home yesterday, the victims of what cops called a domestic homicide that left the Dalhousie community heartbroken and police searching for answers.

Calgary police were called to the home around 10 a.m. yesterday after a family member came to pick up one of the children for school and noticed something wasn't right.

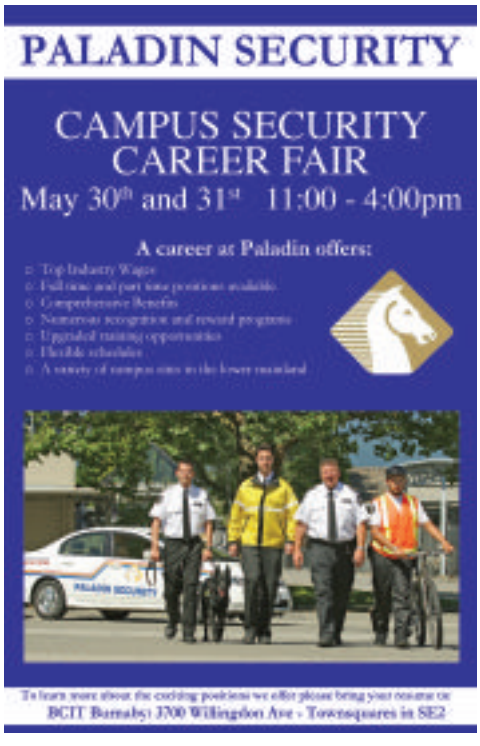
EMS were "horrified" when they entered the house and found three dead adults — one male and two females — and two dead female children, aged 4 and 6, and a one-year-old unharmed female survivor, who was turned over to protective services.

"We go to calls everyday where people have died, but when children are involved, it's that much more challenging," said Calgary EMS's Paul Lapointe. "This is a pretty rare event."

Police confirmed neighbour assertions that a female renter lived with the family, who moved into the sleepy suburban neighbourhood about three years ago, but wouldn't reveal what ultimately led to the deaths, not believed to be random, as they are still investigating.

ROBIN KUNISK/FOR METRO VANCOUVER

Investigators comb the scene where the grisly discovery of five bodies in a Calgary home shook the quiet community.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Tories, CSIS met about Bernier: Grits

Officials from the Prime Minister's Office and CSIS agents met this month to discuss Maxime Bernier's relationship with a woman known to have ties with biker gangs, Liberal MP Ujjal Dosanjh charged yesterday.

The meeting was held between May 1 and 8, according to Dosanjh. May 8 was the day the first news reports appeared detailing Julie Couillard's past romantic links to prominent members of Quebec biker gangs. TORSTAR NEWS SERVICE

no comment

» Public Safety Minister Stockwell Day yesterday refused to confirm or deny whether the meeting took place.

Pot ban leads to rights complaint

By TRACEY TONG
Metro Ottawa

Banning medicinal marijuana users from smoking on outdoor patios violates human rights, says an Ottawa man who has lodged a complaint against Ontario.

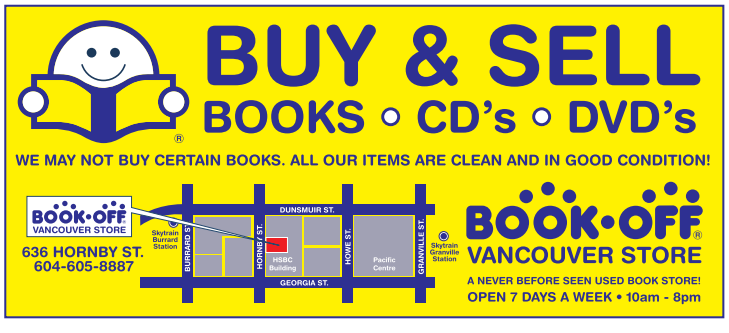
Russell Barth's complaint this week to the Ontario Human Rights Commission alleges that the Ontario Liquor Licence Act, which prohibits consumption of controlled substances in licensed areas, infringe on people federally licensed to smoke marijuana to ease ailments.

> « *We're not asking for special rights.* »
> *Medicinal marijuana user Russell Barth*

The complaint comes after Barth, who suffers from fibromyalgia, was prevented from smoking outside a city comedy club on May 7.

"This puts every club owner and the staff in a conundrum. If they allow me to use it, they're in violation of the ... act, and if they don't, they're violating my human rights," said the 39-year-old amateur comedian, who has held a medicinal-marijuana licence since 2002.

"We're not asking for special rights. We're just asking for the right to use cannabis where other people use tobacco."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»news In Brief

» **ARCTIC** Five Arctic coastal nations agreed yesterday to let the UN rule on conflicting territorial claims on the region's seabed, which may hold up to one fourth of the world's undiscovered hydrocarbon reserves. Canada — represented by Natural Resources Minister Gary Lunn — Denmark, Norway, Russia and the United States met in Greenland to discuss sovereignty over the Arctic Ocean seabed.

» **COVER-UP** Liberal Leader Stéphane Dion said yesterday Conservatives appear to be involved in a coverup of a deliberate leak orchestrated to embarrass Democratic presidential frontrunner Barack Obama. Dion pointed to information uncovered by Torstar News Service suggesting the PMO leaked information to a Republican operative for distribution.

» **FILM** In an effort to gain favour with federal politicians who can "influence" the passage of Bill C-10, which could limit funding for controversial films and TV shows, a company will screen their film Young People F—ing in Ottawa. METRO NEWS SERVICES

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Dilworth Shopping Centre
Orchard Park
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LANGLEY
Walnut Gate
Willowbrook Corner
Willowbrook Mall

MAPLE RIDGE
Haney Place Mall

NANAIMO
Country Club
Woodgrove Centre

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Queensborough Landing

PITT MEADOWS
Meadowtown Centre

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world

A Malawian court ruled yesterday that Madonna could adopt a baby boy she met in an orphanage in the impoverished southern African nation, a lawyer for the U.S. pop star said. Madonna's adoption of David Banda has been controversial. REUTERS

YVES HERMAN/REUTERS

Self-confessed French serial killer Michel Fourniret arrives at a jail at the end of his trial in Charleville-Mezieres yesterday.

'Ogre' gets life

French serial killer, wife found guilty

Self-confessed killer and rapist Michel Fourniret and his wife Monique Olivier were sentenced to life in prison yesterday in one of France's grimmest serial murder cases.

The couple showed no reaction after Fourniret, dubbed the "Ogre of the Ardennes" by the media, was found guilty in a packed courtroom of killing seven women and girls aged between 12 and 22 after raping or attempting to rape them. Some victims were first drugged and bound. Fourniret, who has admitted a fascination for virgins, was arrested in 2003 after a 13-year-old girl escaped from his van and called the police.

The crimes were committed over 14 years from 1987, mostly in the wooded Ardennes region of northern France and in Belgium.

The case helped lead to a shake-up of the way French police investigate serial murders, including the improvement of co-ordination between different authorities. REUTERS

reduced sentence

» Fourniret, 66, will be able to seek a reduced sentence only after serving 30 years in jail. Given his age, he is unlikely to ever walk free.

Climate Action Dividend

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Starting in late June, British Columbians will receive a Climate Action Dividend of $100. Together with new cuts to personal and business taxes and over $1 billion in climate action initiatives, the dividend is intended to help people make climate friendly choices. By making smart choices with your $100 dividend on everyday purchases like energy-efficient light bulbs, or shopping locally for produce, your decisions can make a big difference.

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Torrential rain kills 50 in China

4,000 people also left stranded, state media said

Torrential rain in southern and eastern China has killed at least 50 people in the past week and left 4,000 stranded, state media said yesterday, a fortnight after a big earthquake rattled Sichuan province.

The poor and remote southwestern province of Guizhou has been hardest hit, with 36 dead and another 14 missing, the official Xinhua news agency said.

"Tents, quilts and clothes have been sent to Wangmo County in Guizhou, which has been severely hit by rain and floods," it added.

Hunan, Hubei and Guangxi provinces have also been affected, and hundreds of buildings have been buried by landslides and roads cut-off, Xinhua said.

The China Meteorological Administration warned that more rain is expected in eastern and southern China over the next three days, it added. REUTERS

draining lakes

» The floods occurred as authorities frantically try to drain hundreds of endangered reservoirs and dozens of lakes formed by landslides triggered by the severe earthquake which hit southwest Sichuan province on May 12.

»news In Brief

» **AFRICA** South Africa's government said yesterday it was offering shelter to tens of thousands of African migrants who fled their homes during a wave of xenophobic attacks but denied it was setting up camps.

» **DARFUR** The three major U.S. presidential candidates issued a rare joint statement yesterday condemning atrocities against civilians in Sudan and demanding an end to the violence.

» **BOOK** Former White House press secretary Scott McClellan charges in an explosive new book that U.S. President George W. Bush used propaganda to sell the Iraq war, prompting angry rebukes from current and former Bush aides.

» **CYCLONE** Myanmar's military has started to bury cyclone victims in communal graves, villagers said yesterday, as Western nations pledged to keep aid flowing despite anger at its detention of opposition leader Aung San Suu Kyi.

» **POLITICS** Ehud Olmert's main coalition partner demanded yesterday the Israeli prime minister leave office over corruption allegations. Olmert made clear through his aides that he was staying on. REUTERS

Nepal abolishes monarchy

239-year reign of Hindu kings coming to an end

Nepal's political parties voted yesterday to abolish the Himalayan kingdom's 239-year-old Hindu monarchy, a key demand of Maoists after they ended a decade-long war against the government.

Delegates at a special assembly voted 560 to four in favour of abolishing the monarchy. Hours before, suspected royalists threw three small, homemade bombs in Nepal's capital, wounding one person.

The government has told unpopular King Gyanendra to vacate his pink pagoda-roofed palace in the capital Kathmandu within a fortnight, or be forced out. He has made few comments on his future plans, except to say he wanted to remain in Nepal.

GOPAL CHITRAKAR/REUTERS

Parliamentarians congratulate each other after voting for republic at the Constituent Assembly in Kathmandu yesterday.

On hearing the result of the vote, thousands of people danced in the streets of Kathmandu, many waving different party flags and chanting "Welcome to a republic".The government declared the next two days a public holiday.

"Today is the day when my dreams have been realized and similarly the dreams of the nation have perhaps also been realized," Prime Minister Girija Prasad Koirala said in an address to the assembly.

Activists of the royalist militant group Ranabir Sena threw pamphlets at the site of one of yesterday's blasts, demanding that Nepal remain a Hindu kingdom, police said.

Two bombs exploded only metres away from the heavily guarded venue for the assembly while another went off in a city park. REUTERS

Germany boosts biodiversity plan

Pledges millions to save forests

« We need a turning point on the issue of biodiversity. »

German Chancellor Angela Merkel

Germany has pledged 500 million euros ($774 million) by 2012 to help protect the world's forests, a move activists said could give impetus to U.N. talks on preserving the earth's biodiversity.

Chancellor Angela Merkel, who won praise from environmentalists last year for her part in pushing through EU and G8 deals to fight climate change, made the commitment at a U.N. conference as it entered its decisive phase.

"We need a turning point on the issue of biodiversity," Merkel told delegates from 191 states participating in the 12-day conference which ends tomorrow.

U.N. studies say the planet is facing the most serious spate of extinctions since dinosaurs died out 65 million years ago. Human activity, including greenhouse gas emissions, are largely to blame, say the experts. REUTERS

U.S. states sue EPA over 'weak' standards

New York and 13 other states are suing U.S. Environmental Protection Agency claiming it violated the Clean Air Act in revising ozone pollution standards in March, the New York attorney general said yesterday.

"The EPA is charged with protecting the environment, yet the Bush administration has repeatedly used it as a tool for facilitating pollution instead of combating it," New York Attorney General Andrew Cuomo said in a release.

In March, the EPA revised standards for ozone pollution, a prime component of smog that can trigger asthma and other breathing problems, particularly for the young and old.

The suit, filed in the U.S. Court of Appeals for the District of Columbia, seeks to overturn the "weak" smog standards, Cuomo said. REUTERS

»news In Brief

» **DEBT** Baghdad may seek debt relief from Arab countries at an international conference today to discuss progress on a plan for Iraq's reconstruction.

» **TOILET** Crew members aboard the International Space Station have been fumbling with plastic bags since their zero-gravity toilet stopped working properly last week. REUTERS

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business

Dollar		Oil	
↑ 0.35¢	C$ 101.02¢US U.S.$ 98.99¢	$131.03US	↑ $2.18

Oil prices will likely stay near record highs this summer, meaning Canadians will keep paying unprecedented prices at the gasoline pump, Canada's energy regulator, the National Energy Board, said yesterday. REUTERS

ACE Aviation sells Aeroplan, Jazz stakes

Holding company being wound down

ACE Aviation Holdings Inc., Air Canada's parent company, said yesterday it sold its remaining stakes in Aeroplan Income Fund and Jazz Air Income Fund for $434 million, moving closer to its goal of winding up operations.

ACE Chief Executive Robert Milton has been evaluating the best way to part with the Air Canada stake as a way to end the holding company structure it set up in 2004 as part of the airline's bankruptcy protection proceedings. REUTERS

Air Canada parent

» The sale leaves ACE with a 75 per cent interest in Air Canada, the country's biggest airline, and a 23 per cent stake in aircraft maintenance and repair firm ACTS.

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Biofuels get OK

House gives green light to legislation

Government legislation that will require all gasoline sold in Canada to contain 5 per cent ethanol by 2010 passed the House of Commons yesterday.

The bill, which also calls for diesel to contain 2 per cent renewable fuels by 2012, won the support of the main opposition Liberal Party. Opposition was voiced by other parties over concern about food-crop production being diverted to fuel.

The governing Conservatives and the Liberals argued that only a small portion of food crops such as corn will be used to make the biofuel.

The legislation must now be approved by the Senate, where passage is likely.

The bill would create demand for an estimated 2 billion litres of ethanol and 600 million litres of biodiesel. REUTERS

plants built or under construction

» Canada has 16 ethanol plants built or under construction, according to industry data, with a total capacity of 1.6 billion litres produced from corn and wheat.

» There are currently three biodiesel plants with a combined capacity of 97 million litres, mainly using animal fats. A plant that would produce 225 million litres of biodiesel from canola oil is under construction in Alberta.

Cross-border shopping stalls in first quarter

A brutal winter and soaring fuel prices kept Canadians from visiting or spending as much in the U.S. in the first three months of this year as they did in the last half of 2007.

Canada's international travel deficit — the difference between spending by Canadian residents abroad and spending by foreigners in this country — fell to about $3.1 billion in the first quarter, down $295 million from the record high set in the fourth quarter of last year Statistics Canada reported. The deficit had jumped by $744 million in the third quarter and $620 million in the fourth quarter of 2007. TORSTAR NEWS SERVICE

»news In Brief

» **EARNINGS** Toronto-Dominion Bank said yesterday its second-quarter profit fell 3 per cent. REUTERS

metro

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sports

The Dallas Stars signed defenceman Trevor Daley, left, to a three-year contract extension worth $6.9 million US yesterday. Daley, 24, appeared in all 82 games this past season, scoring five goals and 24 points. REUTERS

Pens back in Cup final

Crosby pots pair as Pittsburgh pares series deficit to 2-1

PENGUINS 3 WINGS 2

DAVE SANDFORD/GETTY IMAGES

Penguins captain Sidney Crosby celebrates a first-period goal as he flies past Detroit Red Wings goaltender Chris Osgood last night during Game 3 of the Stanley Cup final in Pittsburgh. Crosby's goal broke the Pens' Cup final futility streak without scoring at just under seven periods.

He's not yet old enough to drink champagne from the Stanley Cup in these parts but leave it to Sid The Kid to rekindle the battle for hockey's most cherished trophy.

In a game the Penguins absolutely had to win, in a series in which they'd yet to score a goal, Cole Harbour's Sidney Crosby scored twice to lead Pittsburgh to a 3-2 victory over Detroit in Game 3 of the Stanley Cup final.

The Wings still lead the series 2-1 but, at least, it's a series again.

Coming into the game, Crosby has struggled noticeably for open ice and could get very little done while constantly facing the checking of the Henrik Zetterberg line and the defensive pair of Nicklas Lidstrom and Brian Rafalski.

But Crosby never lost confidence.

When asked before last night's game what he would have done differently in the first two contests, Crosby refused to concede that things had gone poorly.

"I wouldn't change a whole lot to be honest," he said. "I feel like I'm moving my feet. It's tight-checking. I want to make sure when I get opportunities I capitalize on my chances and execute well. But I wouldn't change a whole lot."

Turns out he didn't need to. In a game that finally lived up to the billing that this would be an exciting Stanley Cup final — the third period was frenetic and included an incredible save by Marc-Andre Fleury who got the tip of his stick on a Thomas Holmstrom shot while reaching across an open net — Crosby shone brightest with the first goals.

Adam Hall, banking a shot from behind the net off Chris Osgood, made it 3-1 in the third. But Mikael Samuelsson made it 3-2 with just over six minutes remaining to set up a nail-biting finish.

But Pittsburgh held on and the win gives the Penguins a perfect 9-0 record on home ice during the playoffs.

TORSTAR NEWS SERVICE

Damon Allen has a Hall of a choice

TOUL BOX
SCOTT RINTOUL
scott.rintoul@metronews.ca

There's no question **Damon Allen** is a lock for the CFL Hall of Fame after 23 seasons, more than 72,000 passing yards, nearly 400 touchdown passes and almost 12,000 yards rushing.

However, the big question remains: What jersey will Allen wear into the Hall? Some will say an Eskimos jersey is most appropriate since Allen began his career in Edmonton and led the Esks to a pair of Grey Cups, capturing the MVP award on both occasions.

Others will say B.C. makes the most sense, as Allen spent more seasons (seven) in a Lions' uniform than any other. In fact, Allen is still the franchise leader in passing yards and touchdown passes on the West Coast. But Allen never felt properly embraced by either fans or media for his accomplishments in Vancouver, so he will most likely enter the Hall as an Argonaut.

Though past the age of 40, Allen captured his only CFL Most Outstanding Player Award with the Argos and was the best player on the field in Toronto's 2004 Grey Cup victory over B.C. Pro football's all-time leading passer is also very tight with Argos' GM **Adam Rita** and CEO **Pinball Clemons**, and will most likely stay on with the Boatmen in some capacity.

» CFL rookie camps open today across the country, including in Abbotsford, where more than 30 Lions' hopefuls will buckle up their chin straps until Sunday when the Leos' veteran players report to main camp.

Returning players in B.C. know training camp with **Wally Buono** is no joke, as Buono has cut veterans like **Antonio Warren** and **Shad Criss** in recent years in favour of rookies that impressed during camp. In fact, B.C. freshmen have been named CFL Rookie of the Year in seven of the last 10 seasons, including last year's winner, **Cam Wake**.

» Twelve new members will be inducted into the B.C. Sports Hall of Fame tonight, including five outstanding athletes.

Former Sabres, Red Wings and Oilers forward **Danny Gare** gets the nod for his 731 points in 13 seasons, as does tennis star **Helen Kelesi**, who was ranked as high as No. 13 in the world. Rugby legend **Gareth Rees** goes in after appearing in an unprecedented four World Cups for Canada, while mountain biking's **Alison Sydor** adds the honour to her silver medal at the 1996 Olympics and three straight World Championship wins. Sublime soccer star **Domenic Mobilio** will be inducted posthumously for a career that saw him score 170 goals for the Whitecaps and 86ers, the second highest total in North American history.

» Want to weigh in? E-mail me at scott.rintoul@metronews.ca.

How to make a Scott Rintoul: Mix equal parts college athlete, sports fan and broadcaster. Shake vigorously. Serve chilled Monday-Friday on the TEAM 1040 from 6-9 a.m. or online at thetoulbox.blogspot.com.

»sports In Brief

» **SOCCER** The Vancouver Whitecaps men's team moved to within a point of USL First Division leaders Charleston after a 2-0 road win over the Battery last night. Jason Jordan and Nicholas Addlery scored for the Whitecaps.

» **SOCCER** The Vancouver Whitecaps women's announced the signing of defender/midfielder Sophie Schmidt and forward Sanna Talonen yesterday.

» **AWARD** The Confratellanza Italo-Canadese will present Vancouver Whitecaps president Bob Lenarduzzi with the 2008 Angelo Branca Sports Person of the Year Award on June 5 at the Italian Cultural Centre.

METRO NEWS SERVICES

SCOREBOARD

NHL

STANLEY CUP FINAL
PITTSBURGH VS. DETROIT
Game 3 — Last night
Pittsburgh 3 Detroit 2
Game 4 — Saturday
Detroit at Pittsburgh, 5
*Game 5 — Monday
Pittsburgh at Detroit, 5
*Game 6 — Wednesday
Detroit at Pittsburgh, 5
*Game 7 — Saturday, June 7
Pittsburgh at Detroit, 5
(Detroit leads series 2-1)
(* – if necessary)

NBA

CONFERENCE FINALS
EASTERN CONFERENCE
BOSTON VS. DETROIT
Game 5 — Last night
Boston 106 Detroit 102
Game 6 — Tomorrow
Boston at Detroit, 5:30
*Game 7 — Sunday
Detroit at Boston, 5:30
(Boston leads series 3-2)

WESTERN CONFERENCE
L.A. LAKERS VS. SAN ANTONIO
Game 5 — Tonight
San Antonio at L.A. Lakers, 6
*Game 6 — Saturday
L.A. Lakers at San Antonio, 5:30
*Game 7 — Monday
San Antonio at L.A. Lakers, 6
(L.A. Lakers lead series 3-1)
(* – if necessary)

MLB

YESTERDAY'S RESULTS
Chicago W. Sox 6 Cleveland 5
Texas at Tampa Bay 5 Texas 3
N.Y. Yankees 4 Baltimore 2
Minnesota 9 Kan. City 8 (10 ings)
Toronto 2 Oakland 1
Detroit 6 L.A. Angels 2
Seattle 1 Boston 0
NATIONAL LEAGUE
Philadelphia 6 Colorado 1
N.Y. Mets 7 Florida 6 (12 ings)
Cincinnati 9 Pittsburgh 1
Milwaukee 1 Atlanta 0
Cubs 2 L.A. Dodgers (10 ings)
St. Louis 6 Houston 1
San Francisco 11 Arizona 3
Washington 6 San Diego 4

TODAY'S GAMES
AMERICAN LEAGUE
Toronto at Oakland, 12:35
Chicago W. Sox at Tampa Bay, 4:10
Minnesota at Kansas City, 5:10
NATIONAL LEAGUE
Atlanta at Milwaukee, 10:05
Washington at San Diego, 12:35
L.A. Dodgers at N.Y. Mets, 4:10
Pittsburgh at Cincinnati, 4:10
Colorado at Chicago Cubs, 5:05
Houston at St. Louis, 5:15
San Francisco at Arizona, 6:40

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Extra	1, 48, 63, 95 Results not official

Celtics close in on berth in NBA Finals

Garnett seals victory at line

CELTICS 106 PISTONS 102

Kevin Garnett scored 33 points and hit the sealing free throws with 3.4 seconds left as Boston held off Detroit 106-102 to move ahead after five games of the Eastern Conference finals.

Ray Allen snapped out of a shooting slump to score 29 points, and Kendrick Perkins had the best playoff game of his career with 18 points and 16 rebounds for the Celtics.

Boston holds a 3-2 edge in the best-of-seven series. Paul Pierce netted 16 points for the Celtics, who moved to 10-1 at home this post-season.

Chauncey Billups had 26 points for Detroit while and Richard Hamilton added 25.

Game 6 is tomorrow at the Palace of Auburn Hills.

METRO NEWS SERVICES

JIM ROGASH/GETTY IMAGES

Boston Celtics Ray Allen takes a shot over Detroit Piston Richard Hamilton during Game 5 of the NBA Eastern Conference final last night.

»sports In Brief

» **HOCKEY** Toronto Maple Leafs captain Mats Sundin was named the winner of the Mark Messier Leadership Award yesterday for outstanding performance on the ice, leadership skills as well as a dedication to humanitarian efforts away from the rink.

» **TENNIS** Top-seeded Maria Sharapova was two points away from a first-round defeat against fellow Russian Evgeniya Rodina yesterday at the French Open before prevailing 6-1, 3-6, 8-6.

METRO NEWS SERVICES

goinggreen

Keep your home cool in the summer by using window coverings and a couple fans instead of air conditioning. Open windows and run fans at night when it's cooler outside. Shut and curtain most windows during the day. METRO NEWS SERVICES

Get rolling for Bike Month

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DAVID SUZUKI & DR. FAISAL MOOLA

In just the past few hundred of our 150,000 years on Earth, we have invented everything from steam engines, cars and airplanes to sophisticated weapons and supercomputers.

But one invention, the bicycle, is so efficient, beneficial and simple that it may be the best thing we've ever made. And June, Bike Month, is the time to celebrate it. The "modern" version of the bicycle with pedals and cranks was invented by French carriage-maker Ernest Michaux in 1861.

The best part of the bike is that you, the rider, are the engine. The fuel is what you eat and drink. It's a mode of transportation that uses less energy even than walking.

During Bike Month, it's worth thinking that with oil prices climbing and environmental damage from car emissions increasing, bikes are becoming a more attractive form of urban transportation. Cleaner air, reduced congestion, safer streets, and lower noise levels are just a few benefits. As more people get out of their cars, they will also become fitter, leading to lower health-care spending.

But we still have a ways to go. Canadians and Americans use bikes for fewer than one in 100 trips — although in Vancouver, where I live, it's a bit higher, at about 2.3 per cent. Compare that to the 20 to 35 per cent of trips taken by bike in the European Union and 50 per cent in China. (Unfortunately, the trend is reversing in China as the country embraces car culture.)

calories per passenger mile

» According to the WorldWatch Institute, a bicycle needs 35 calories per passenger mile, while a car uses 1,860. Buses and trains are somewhere in between.

Shifting from car dependence will take action at the individual level, but governments must also do more to make it easier for people to ride bikes.

Making our streets safer for cyclists by giving them space to ride is an essential first step. The investment required is far less than that required for infrastructure for cars.

Tax breaks for cyclists also help. Last year in Ontario, Premier Dalton McGuinty removed the provincial sales tax on bike helmets and bikes costing less than $1,000. Bikes are also exempt from PST in B.C., and the province's $100 carbon-tax rebate could be put toward buying a bike or tuning up your old bike.

Employers can also help by offering secure bike parking and showers for those who work up a sweat on the way to work.

So get on your bike in June, and maybe you'll like it enough to make it your preferred method of transportation year-round.

Take David Suzuki's Nature Challenge and learn more at *www.davidsuzuki.org.*

Dr. David T. Suzuki is an award-winning scientist, environmentalist and broadcaster. He is the co-founder of the David Suzuki Foundation in Vancouver where he lives with his wife and two daughters.

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Phantom 1945 cooling linked to ship errors

Skewed data from ships measuring sea temperatures after the Second World War might explain an apparent abrupt world cooling in 1945 that had been a mystery in a century of global warming, scientists said yesterday.

A better understanding of how ship-based thermometers, buckets, buoys and satellites record sea water temperatures might also mean a slight upwards revision of the pace of climate change in the late 20th century, they said.

"A cold snap explained," the journal Nature said of research by U.S. and British scientists that used naval history to account for the apparent sharp 0.3 C temperature drop in late 1945.

mystery

» The apparent 1945 fall has been a mystery for climate change models. World temperatures have gained about 0.75 C since 1900 with most of the recent gains blamed on mankind, led by burning of fossil fuels.

It was the only sudden cooling since global records began in the 1850s that could not be explained by volcanic eruptions such as Krakatoa in 1883 or Mount Pinatubo in 1991 that can dim the sun with dust injected high into the atmosphere, they said.

The scientists said the change did not affect overall understanding of global warming.

REUTERS

protest

'Flintstones' busted in Brussels

EMISSIONS "Fred and Wilma Flintstone" were arrested as they approached the European Parliament in Brussels earlier this week to protest about the influence of the auto industry on proposals to curb carbon dioxide emissions from cars.

Six Greenpeace activists dressed as cavemen and travelling in a Flintstones-style vehicle were detained along with three others for public order offences, police said.

A stone tablet accusing car lobbyists of driving climate change was confiscated before it could be delivered to lawmakers, a Greenpeace spokeswoman said.

The European Parliament will this week start debating legislation to force down CO2 emissions from cars, with fines on manufacturers that fail to comply.

REUTERS

plastic

China to ban ultra-thin bags

HABIT China is about to try to kick a three-billion-a-day plastic bag habit. But breaking the addiction, in a bid to save energy and protect the environment, will be easier said than done.

The world's most populous nation on Sunday will join a growing list of countries, from Ireland to Bangladesh, that are aiming to change shoppers' habits when a ban on the production of plastic bags under 0.025 millimetres thick comes into force.

Ultra-thin bags are the principal target of the crackdown because they are typically used once and then discarded.

REUTERS

Kids initiate green change for Crawford

Supermodel takes inspiration from children

Supermodel Cindy Crawford was feeling guilty about not being green enough until her children pushed her into action.

Now the American model has taken steps to make her Malibu home more environmentally friendly and signed up for a campaign with PUR Water Filtration Systems promoting filtered tap water over plastic bottled water.

Crawford said this would help eliminate some of the 50 billion plastic water bottles used by Americans every year and save people money as well as being good for their health.

A limited-edition reusable water bottle designed by Crawford is available at *www.thirstyforchange.com* with all proceeds going to Procter & Gamble's "Children's Safe Drinking Water Program" to help reduce water-related disease in many developing countries.

Crawford, 42, spoke to Reuters recently about going green:

Q What prompted you to think green?

A My kids (Presley, 8, and Kaia, 6) are the ones that inspired me to want to do more. I am concerned about the planet that I'm leaving to my kids and the school they go is very environmentally conscience. They cut down on plastic, they recycle, they have solar power.

Q Do you think the younger generations are more environmentally aware?

A Yes, because that is the culture they are growing up in. They are growing up with a lack of fear of computers and they have a different relationship with them than we do. They are also being brought up not to take the environment for granted and they are beginning to bring that message home.

Q Were you feeling guilty?

A I wish I was more green than I am and I really want to be. This campaign shows people you don't have to go far. You can make small changes in your life and it can make a difference. This is an easy change. You can do it by yourself at home. In Los Angeles everyone has a water bottle with them so get a reusable one and make that change.

Q What else have you done at home to be greener?

A I wasn't aware that if you leave your charger plugged in it is drawing electricity. Once I knew this I started to unplug my phone charger when I wasn't using it. I went to my husband and said the TV in the guest room should be unplugged when it is not being used. There are a lot of other plugs in our house that can be pulled, like the toaster. I have left the microwave in the kitchen plugged in though as I use the clock on that.

Q Any other ways?

A I have started to reuse cloth grocery bags. I bought loads of them and have left them everywhere so no one has an excuse not to use them. Just these small steps make a difference and you will feel better about it yourself. There is so much more I can do and I will do that in a way that does not overwhelm me." **REUTERS**

TIFFANY ROSE/ GETTY IMAGES

Simple ways to make a difference

Each one of us has a role and responsibility to reassess the way we live — even if it's just one step at a time.

Purchasing habits are a good place to start. A recent Angus Reid poll reports while most Canadians know they should be doing something about the environment, still 60 per cent admit when it comes to making decisions in the store, they "seem to stick to the regular brands, not the natural ones."

As well, 92 per cent of Canadians agree: "People talk a lot about doing something for the environment, but not many seem to actually be doing something about it."

Take a look at your laundry room for just a few responsible purchases one can make:

PURCHASE A front-load washing machine. This efficient system cleans your clothes by lifting them to the top of the tub and then dropping them into the water below. Front loading machines can handle 5 to 9 kilograms of clothes at a time and yet they fill only partly with water and wash best with low-suds detergent. Front-load washers save water and energy.

SWITCH TO a biodegradable laundry detergent: Angus Reid reports that 75 per cent of Canadians are concerned about the effects that soaps and laundry detergents have on the environment. Detergents are changing and becoming more environmentally conscious.

NEWS CANADA

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I love especially salty snacks	■	■
My joints feel swollen	■	■
I have cellulite	■	■
My clothes are tight	■	■
I don't drink enough water	■	■

These are some clues that your body is retaining more than usual amounts of water. Cut your salt intake and try Apple Cider 600 as a solution!

I threw away my "fat" clothes!

"I hated myself for being so plump and heavy, while still eating chips and snacks! I started feeling like a couch potato and I was so tired of wearing baggy clothes or not wanting to be seen in a bikini.

Finally I made the decision to stop abusing my body and do something about my weight. My sister told me about Apple Cider 600, which had helped her lose weight, so I went to my pharmacist to ask about them. The pharmacist told me Apple Cider 600 is based on all natural vinegar and plant extracts, which would mainly help me get rid of any excess retained water weight, as well as helping my metabolism and digestion of fats.

I bought a package and I'm so glad I did! Apple Cider 600 is fantastic! I have been taking them now for 6 weeks and I'm thrilled. I feel so much lighter and confident. I simply took 3 tablets a day, as recommended, drank more water, watched my snack intake somewhat, and the pounds just came off gradually. So I have finally thrown away all my baggy clothes and treated myself to a new wardrobe - It's so much better than snacks!"

WATER RETENTION MAKES YOU BLOAT!!
Water retention makes you feel overweight and bloated. Your fingers swell, your ankles look and feel heavy, pants fit tighter and your bra may become uncomfortably snug. Even headaches and back pain of premenstrual syndrome (PMS) are associated with water retention.

SO HOW CAN APPLE CIDER 600 HELP?

Apple Cider 600 is an effective natural formula of apple cider vinegar, combined with dandelion extract and globe artichoke extracts, all designed to make you naturally slim down and feel lighter:

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- **Globe artichoke** - Stimulates the detox processes of the liver, lowers blood cholesterol, is a protective antioxidant and is well-known to reduce digestive problems.
- **Dandelion** - Works as a strong diuretic, a detoxifier and an antioxidant. It has been used for decades for eliminating retained fluids, stored commonly among the fat cells and soft tissue.

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homefashion

To furnish a guest room in your home, include an alarm clock by the bed, paper and pens, scissors, tape, tissue, and a hair dryer. And, a phone in the room will definitely be much appreciated. HGTV.CA

Cool evenings ideal for outdoor bar, buffet

Might as well take advantage of ideal conditions

We don't get the warm summer nights they brag about in Calgary, Winnipeg, Toronto or Montreal. Those of us who grew up in this temperate rainforest climate know this, so it's not helpful to keep pointing it out. The rapid migration here from the rest of Canada may explain why suddenly we're all bent on buying a 'better' summer climate by racing out to get this year's version of that environmental nightmare, the propane space heater. I like the warm and toasty restaurant patio as much as the next guy but I wouldn't buy one of the gargantuan heaters myself, simply because they're a colossal waste of energy. They're also ugly. And they're prone to breaking down, so I tend to view them as propane bombs.

URBAN DWELLER
CARLYN YANDLE
carlyn.yandle@metronews.ca

It comes down to this: Either we can whine about what we don't have, construct some fantasy of what we demand (hello, leaky California-style condos) or we can work with what we've got. What we've got are cool, dry summer nights — ideal conditions for a drinks bar or cold appetizer buffet for the small-space dweller who loves to entertain but can't accommodate more than six dinner guests most of the year. There's no danger the hooch will boil in their decanters and the glassware stays cool. It's chill enough to keep the chardonnay from swimming in an ice-bucket full of bath water, and there's no opening and closing an ugly plastic cooler just to get a beer. Here, the bottles can be nestled into a wide galvanized bucket full of ice, a centerpiece. Anyone who's ever picnicked in the Okanagan in the height of the summer would appreciate a spread of hors d'oeuvres that doesn't immediately ossify or break into a greasy sweat before your first bite. Best of all, the whole arrangement keeps people circulating as they dip out for a fresh drink or a nibble, and makes the most out of a small indoor space.

CARLYN YANDLE/FOR METRO VANCOUVER

A small West End balcony goes glam cocktail party with the help of a cluster of crystal decanters, silver ice bucket and an array of stemware on a glass tabletop.

Some ideas for the balcony bar:

» Two stacked picnic benches covered with a large white tablecloth make a space-saving buffet table.

» Pump up the glam factor by decanting a variety of drink choices in glass or crystal bottles (with labels).

» Use wire-mesh domes to keep bugs at bay and arrange nibblies on platters that are about the same diameter.

» Drape a throw over the back of each chair — for those who love the West Coast chill.

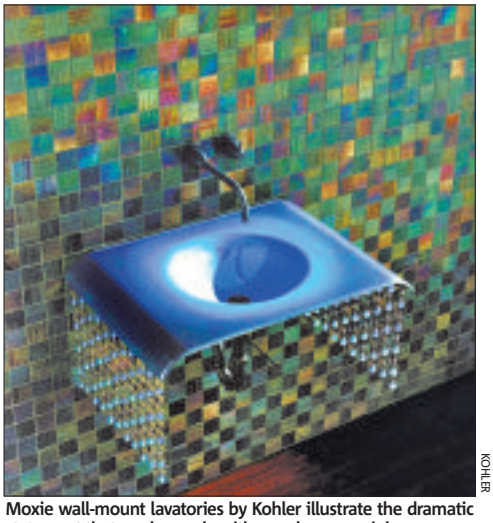
Carlyn Yandle is a Vancouver journalist with her own room-planning business, Home Reworks (www.homereworks.com). She dwells on urban-home issues every Thursday in Metro.

Powder room calls for dramatic look

We love a lavishly appointed and dramatic powder room, which is a small bathroom that contains only a sink and a toilet. We simply abhor beige and boring in this space —we think it is a design crime to waste a glorious opportunity to make a bold statement. And what's more, you are allowed – even encouraged — to decorate in a way that attracts attention. Why on earth wouldn't you grab the opportunity? Remember that a powder room is also a room that guests see, and it should contain a few splurges, since it is a room that reflects on your hospitality and is also a great place to show off your own unique sense of style. The biggest design impact can often come from the walls and ceiling in such a space. Walls and sometimes ceilings can be painted with decorative treatments, such as glazing or other paint effects. Dramatic wallpaper is also making a big comeback in powder rooms. Since this room does not get wet in the same way as a steamy bathroom with a shower or bath, powder rooms can use finishes that would not normally be recommended for wet rooms, such as fabric finish wallpaper, for example. Since this room should be impressive, do plan to spend a little more for an attractive appearance — a great sink and faucet are important because these features tend to be the focal point in a powder room. Most of all, don't crowd a small space with objects that stick out such as shelving, racks or baskets. If the space is really tight, consider a pedestal or a small wall-hung sink to keep things architecturally clean.

ARRESTING DESIGN
JEFFREY FISHER &
TAMMY SCHNURR
busted@arrestingdesign.com

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network. Tammy is an interior decorator. Jeffrey designs home furnishings and bedding through his company Jeffrey Fisher Home.



KOHLER

Moxie wall-mount lavatories by Kohler illustrate the dramatic statement that can be made with powder room sinks.

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entertainment

Sabrina, the Teenage Witch star Caroline Rhea and her longtime boyfriend, Costaki Economopoulos, are expecting their first child, People.com reports. METRO NEWS SERVICES

The Sex And The City legacy

Hit TV series brought sex lives out in the open

By **ANNE FENN**
for Metro Vancouver

Before Sex and the City was first broadcast on HBO in 1998, no one had heard women talk in such frank tones about men, relationships, and, of course, sex.

When I was growing up the only people who talked about sex were immature males and septuagenarian sex therapists like Dr. Ruth and Sue Johanson. Then along came Sex And The City. Every (unedited) episode contained the kind of female dialogue that could make a locker room of NHL players engage in a group blush. Carrie, Samantha, Miranda and Charlotte brought sex out of the dirty closet and into the realm of the public and glamorous, forever changing the way women think, feel, and talk about sex.

For many women, the show was like a weekly encounter with an experienced, fearless lover who broke down barriers and sometimes blew our minds. Girlfriends now openly discuss everything from bisexuality, to penis size, to skid marks in their boyfriend's underwear — and more sexual toys, positions, and fetishes than Miranda's housekeeper could shake a statue of the Virgin Mary at. We're now well-informed about sexual health issues, including erectile dysfunction, lazy ovaries, crabs, chlamydia, vulvodynia — we even saw Samantha through her first AIDS test.

Like any great comedy series worth its weight in controversy, Sex And The City had its detractors. Some accused the show of taking advantage of a double standard — that you'd never see a show with men talking that bluntly about their sexual experiences with women. True, but given that it's still pretty much a man's world, can't the patriarchy throw us the occasional bone of our own? Even the fictional, fantasy-fuelled world of Sex And The City couldn't shield its own women from the painful truth about male power and privilege — lessons that took six full seasons and a movie to learn. Getting Mr. Big aroused was easy. But getting him to commit? That's hard.

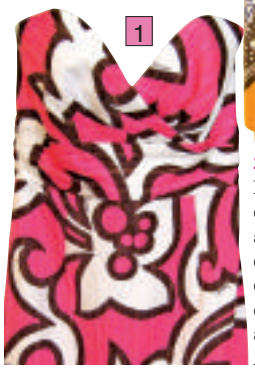
Besides, most heterosexual men don't want to talk about anything to do with relationships, period (including your period). Most men are so easily aroused that sharing intimate details about their heterosexual exploits with their buddies could inadvertently lead to something more serious than a group blush. There are some things even Sex And The City couldn't change.

Going strapless the sexy way

By **KIM ELBO**
for Metro Vancouver

Canadian designer Mellinda-Mae Harlingten fills us in on how to successfully wear a strapless just like the girls of Sex And The City.

1. BUILT IN: If you can't quite find the perfect bra for your strapless, look for one with a built-in bra. This $395 Milly dress has a concealed bra clasp in the back to ensure a secure fit. (*holtrenfrew.com*)



2. MINIMIZE: For large chests, "try a strapless dress that cuts straight across your chest so you don't accentuate the obvious," Harlingten said. (Check out this splashy DVF dress, available at *holtrenfrew.com*.)

3. BALANCE: Try "a low-cut top with a longer length or a conservative top with a shorter length to balance your body and style a bit more," Harlingten said. ($465 Milly dress, *holtrenfrew.com*.)

4. EMBELLISHMENTS: For a smaller bust line like Carrie Bradshaw, embellishments along the top of the dress is best. Bows and decorative trims can help emphasize your chest. ($435 Betsy Johnson, *betseyjohnson.com*.)

SEX AND OUR *city*

How did the hit TV series change life for women?

ANGELA WIEBE
"I love how there are so many sincere moments in the show. They did such a good job of bringing all of the characters to life ... I'm one of the lucky women who has a fiancé who loves the show as well!"

EMILY ARMSTRONG
"I loved watching it over the past couple of years. I have a lot of the DVDs and I just watch them whenever I'm in a bad mood ... It makes it look not as bleak as the usual getting married, having kids and your life ends at 30, 35. They're single having fun."

KELLI GILBERTSON
"I think Carrie has the combination of being really real, she's really funny and she's also naturally so beautiful ... It is so much more than sex. The show is really about the message that it's OK to be in love, it's OK to be in love more than once and it's also OK to be single."

Filmmaker Robert Rodriguez, left, of Grindhouse and From Dusk Til Dawn fame, is shopping to networks Women in Chains!, a women's prison drama starring Rose McGowan, which Rodriguez will probably direct.

SOURCE: EW.COM

New generation of gaming

Wii Fit aims to bring families together

By **DARREN KRAUSE**
for Metro Vancouver

It was 9 p.m. last Sunday night; my girlfriend just returned home from an exhaustive hour of lacrosse.

With a quick glance and forced smile, I acknowledge her arrival and then fix my eyes back on Sonic And The Secret Rings, a game on my new Wii — a game system I stood in line 30 minutes to buy on a recent rainy Saturday morning at a Toys 'R Us in Calgary with my eight-year-old son ... two years after the first Wii system was launched in Canada.

"Let's play (Mario and Sonic At The) Olympics," she said. "I want to get better at it."

A nirvana sought since I was a pre-pubescent boy had now arrived — I had found a mate to share in my joy of video games.

The next question was: Why Wii and not the two Xboxes we have in the house?

Simple, according to Matt Ryan, spokesperson for Nintendo Canada — they've catered to "mom."

"(Nintendo) knows that mom makes a lot of decisions on what the family does for fun, what the family does to keep themselves together, and to play together," said Ryan.

"Nintendo needs to market its products to women in order to tap into that Chief Household Officer."

Funny thing is, my partner only rubber-stamped the Wii purchase once I proved the entire family could actively participate.

It's also why 34-year-old Calgary mom of two, Natalie Young, picked up a Wii last Christmas, and why she's bounced between sold-out stores to find Nintendo's recently released and elusive Wii Fit.

"I wanted the Wii Fit for myself because in my busy schedule with two kids it's hard to get out and exercise. With the Wii Fit I could do it at home and even get the kids involved, too."

Physical activity is one of the catalysts for Wii's recent domination of the gaming market. In Canada last year, the Nintendo Wii and portable DS system have outsold all other gaming platforms combined.

"Women seemed to really embrace the idea of having a video-game experience that was not only fun, but was also involved in physical activity," Ryan said, noting that the violent, sedentary and anti-social have been the stigma attached to video gaming that Nintendo wanted to dispel.

The goal was to make gaming inviting to everyone from 5 to 95 and create a larger video-gaming market with women a large part of that new market — and they've done it.

The fact my partner and I have played our new Wii every night since its purchase (and a plan to get a Wii Fit when budget allows), is evidence enough for me.

Like I said ... nirvana.

Wii Fit brings exercise into the home

Wii Fit
Publisher: Nintendo
Platforms: Wii
Rating: E — Everyone
Game type: Sports
Rating: ** (out of five)**

GAME ON
JONATHAN P. KUEHLEIN
jonathankuehlein@metronews.ca

»What's the premise?

Step on to the new Wii Balance Board and have some fun getting healthier through a series of activities and exercises divided up into four main areas: Yoga, strength training, aerobics and balance games. Burn some calories, improve your balance and get a little stronger doing everything from a Sun Salutation to tightrope walking to ski jumping and more.

A Wii Balance board

»This game is most similar to...?

The use of the innovative Balance Board makes this one all its own

»Is it suitable for younger gamers?

My five-year-old took Wii Fit for a spin and he liked some of the aerobic activities like stepping and balance games like heading soccer balls and using the hula-hoop. As is often the case with the Wii, it's nice to see kids up and moving around while gaming.

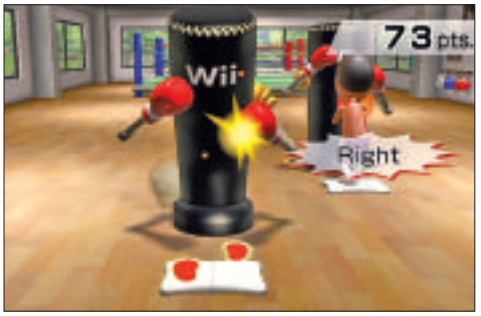
»One player or more?

More than one person can have a Wii Fit profile and benefit from some daily training, however the only two-player element that was evident in hours of reviewing was jogging which only requires a pair of Wii-motes.

»The (not-so) secret to success is...?

Don't get discouraged. Try not to hurl the board out your window when it tells you you've got the fitness age of a much older person or that your balance is so bad you ought to be walking into walls.

»What's missing?



Wii Fit and the Wii Balance Board will make you break a sweat in many of the activities offered.

Gatorade and a towel. If you earnestly try at most of the activities in Wii Fit, you'll break a sweat and get your heart pumping.

»And in the end?

Wii Fit is a refreshing change from everyday gaming with real potential for health benefits and the new Balance Board is a superb new gaming peripheral full of potential.

For more video game reviews, check out the Game On column at metronews.ca.

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A Chinese cinema chain will boycott movies starring Sharon Stone, left, following her recent comments that linked the country's May 12 earthquake to "karma." EW.COM

Decoding Destroyer lyrics

Bejar wants his songs judged on the whole

By **ROB McMAHON**
for Metro Vancouver

The founder of Destroyer and part-time New Pornographer is one of those musicians exposed to complex post-modern ruminations.

From album reviews to a Destroyer drinking game, a community has formed to debate the man's obtuse lyrics. And as Bejar explains, he wished it wasn't so.

"I can't remember exactly when, but there's been a couple times, few and far between, [where someone's interpretation of my song] was interesting," he said. "But more often than not, I'm like, how can they be more off-base? Especially when people take a cultural theory approach to my songs, that they are all self-referential…and filled with irony. That stuff, I don't put any stock in."

Instead, folks should consider his songs as songs. Bejar spends more time contemplating the placement of lyrics than the lyrics themselves, which are mostly "just instinctual." Though the stories are important, they shouldn't be judged alone.

"[I don't think] that ideas and songs are worthless if they aren't perfect poems accompanied to music," he said. "The idea of how [the lyric] is sung — I think that's the most important idea…I don't think those two worlds should be smooshed together [lyrics and music]. But there hasn't been a forum to talk about that."

Destroyer founder and part-time New Pornographer Bejar.

Growing up, Bejar wasn't interested in lyrics until introduced to early American indie rock, particularly Pavement's Slanted and Enchanted. Even then, it wasn't the stories Stephen Malkmus told that caught Bejar's ear, but rather the placement of his lyrics.

» Destroyer perform this Saturday at the Commodore Ballroom

"I was always interested in the melody, and the general look of band, because when you're a teenager that's what you're into," he said, laughing. "But with Slanted and Enchanted, the vocals are kind of up in the mix. They kind of led the melodies a lot…[they] were lyrical in a way that was classical — regressive but still kind of distinct."

He pointed out a great song doesn't need amazing lyrics to be timeless. Consider the Beach Boys, who put out songs with both classic lines and toss-away verses. Aside from genres like hip-hop or folk, lyrical content never makes or breaks a song.

"I don't know why [some people] single-out my lyrics as vague or gibberish. I don't think that," he said. "Sometimes it seems like…[people don't like the lyrics], and that's what they're indirectly saying…If it's nonsensical, if you think so, just come out and say it is."

Get summer-ready by battling body and facial hair

FRUGAL FASHIONISTA
NATHALIE-ROZE FISCHER
nrfrugalista@rogers.com

Bargains at Smart Set

SHOPPERS KEEN to freshen up their look to match the gentler temperatures, should scoot over to **Smart Set** where lots of cute tops, denims, cropped spring jackets and more await frugalistas on the sale racks. FF's faves: cross-front rayon blouses with fluttery sleeves in tourquoise or plum for just $14.99 each (reg. $34). Do check out the new arrivals as well, particularly the dresses — most priced under $60. Halter styles, smock dresses, retro prints and strapless frocks.

Beauty Duty: New Veet

NOW THAT the weather's a bit more inspiring, it's your official cue to deal with any body or facial hair challenges. Whether you're keen on smooth legs without going to the salon or a more defined brow you can groom yourself at home, definitely investigate the latest collection of waxes and hair removal creams from Veet. Less messy, harsh and stinky than past incarnations, the new line of precision products incorporate natural ingredients that still manage to get the job done in a snap. FF's fave: **Veet's Hair Removal Cream Pump** ($16.99) – keep it in the shower for easy use and never worry about looking beastly again. Available in Lily scent, Shea Butter or Aloe Vera/Vitamin E formulas for sensitive skin.

Suzy Shier Deals

THIS NATIONAL chain has lots to offer this season, including sundresses tagged at from just $25 each in bold prints and sweet florals. Some of the super-deals await frugalistas on the sale racks where shoppers on a budget can save half off most already reduced merchandise – just look for the red stickers.

Veet's Hair Removal Cream Pump, $16.99.

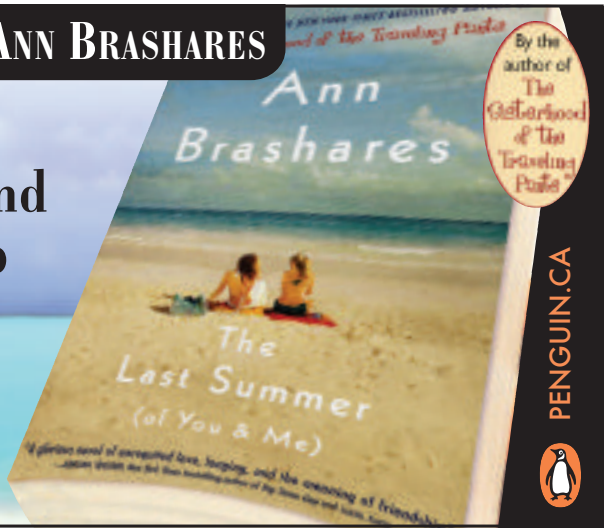
Nathalie-Roze Fischer is an eco-accessories designer, hardcore bargain-hunter, style writer and DIY enthusiast. Visit her online at www.nathalie-roze.com.

BY *THE NEW YORK TIMES* BESTSELLING AUTHOR ANN BRASHARES

A glorious novel of unrequited love, longing, and the meaning of friendship

"An unputdownable beach book calls for love, deceit, and sex. And The Last Summer (of You & Me) *… has all those elements."*–Cosmopolitan

"A perfect summer novel."–The Vancouver Sun



Sex And The City-worthy dresses

STYLE FILE
KIM ELBO
kim.elbo@metronews.ca

ask kim

I'm an on-the-go type of person so I either forget to or never have time to put on sunscreen. Help! I want to protect myself and save time in the morning.

Try to find a daily facial lotion that has SPF in it so that you're only putting on one lotion for the rest of the day. Or try the Coppertone in an aerosol spray. Just one continuous spritz and your ready for the day.

E-mail your style questions to kim.elbo@metronews.ca.

With a passion for recognizing the purpose and beauty of fashion, I shop and travel filling you in on the latest styles, events and tips to my editors' Style File.

$35

Lounge Worthy
Colourful and fun.
Designer: H&M Shop at H&M, Various Locations | hm.com

$199

Garden Worthy
Classic.
Shop at Banana Republic, bananarepublic.com

$330

Beach Worthy
My favourite.
Shop at Betsy Johnson, 1033 Alberni St. | betseyjohnson.com

$64

A Writer's bag
A must buy.
Designer: Gaya. Shop at Plenty, Various Locations | getplentyca

$100

For the garden parties
My favourite. Designer: Juicy Couture. Shop at Blue Ruby. Various Locations bluerubycom

$118

Sophisticated evening shoe
Flowers, an SATC staple.
Designer: BJ. Shop at BJ, Various Locations | brownsshoes.com

dresses

Thanks to trailers and gossip blogs we've all seen the eccentric styling of clothes in the new Sex And The City (SATC) movie, so I decided to showcase a couple of dresses that would be worthy of Carrie, Miranda, Samantha and Charlotte. Put away those flouncy tunics and baby dolls and define your curves with dresses that cinch in at the waist. Go for vibrant colours this season!

accessorize

Heading to the beach? Have an oversized bag at hand for all your outdoor essentials. $187 Available at Betsy Johnson, 1033 Alberni St.

accessories

Just admit it you're going to dress up when you watch the new SATC movie or end up wanting to afterwards. Beat the Carrie fever (or should it be Patricia Field fever) by properly accessorizing the night of the movie. Try a fabric floral corsage as an homage to Carrie or a cocktail ring worthy of a garden party with Charlotte. Whatever the case or whoever you want your styling to tribute, try something a little edgy just as Patricia Field would do.

pssst...

Channel the ladies of Sex In The City tonight at the annual Changes Clothing Fashion Show. Tickets are $10 (all proceeds go to a single mother in need) 604-222-1505 ; www.changesclothing.com. 6:30 - 9:30 p.m. at Changes Clothing (4456 W. 10th Ave.)

tip

Winners is a hit or miss, but last week I saw Heatherette jeans for $50. Go on, check it out and get your fix of the fabulous designer duo. (Strawberry Hill Location)

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19 pounds* lost in first 6 weeks!
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-Monica King
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Actors could be next to strike

IDIOT BOX

RICK McGINNIS
rick.mcginnis@metronews.ca

STRUCK DUMB: THE SEQUEL: Pretty much the worst thing that could happen to the TV industry right now is another strike of key talent, but just such a catastrophe has been looming since before the writers effectively shot the kneecaps out of the 2007-08 season with their winterlong walkout. The pair of unions that represent Hollywood's acting talent have been mumbling about a strike for months now, sounding not unlike the guy in Office Space who threatened to burn the office down if he doesn't get his stapler back. According to a story in yesterday's USA Today, the lesser of the two unions — the American Federation of Television and Radio Artists — has reached a tentative deal with the representatives of the producers, the sticking point being the same one that flared up into the writers' strike: fees for streamed and downloaded Internet content.

The deal affects "a handful of prime-time TV shows such as Curb Your Enthusiasm" and "will last through June 2011 if it is approved AFTRA's national board and ratified by members." While I'm glad that Larry David is clear to work through into the next decade, the fact that this was the biggest show that AFTRA could claim success for gives you some idea how important restarting negotiations with the Screen Actors Guild are if a strike turns fall 2008 into the season where everyone breaks down and buys a Blu-ray player.

After the rich, velvety goodness that was the writers' strike, I'm anticipating another body blow to primetime with an avidity that verges on indecent. The sclerotic business television business model has to crumble sooner or later, but it'll get on with it a bit more sharpish with a little of what management guru types call "creative destruction." The best case scenario is that business as usual will be postponed so long that Fox will have to cast the children of the current stars of 24 to paper over the show's long hiatus, while selling the show as a bulk-purchase download — the full season for just 24 bucks

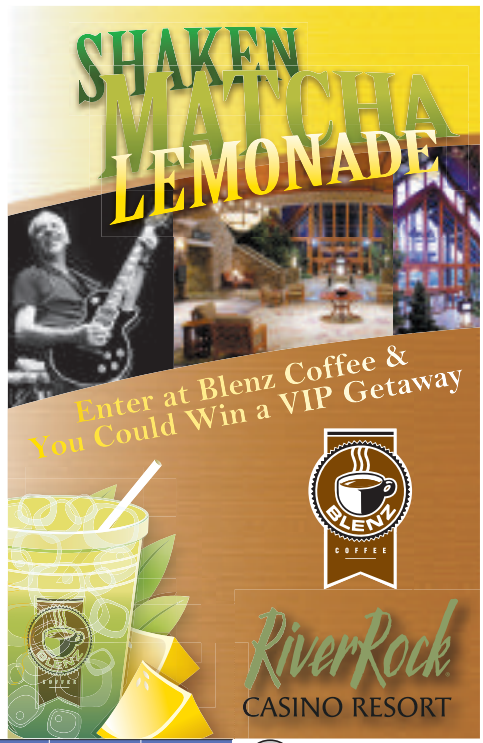
YOU KNOW WHAT I THINK? The New York Times reported yesterday that TiVo — still struggling for market share even though its very name has become a verb — has struck a deal with the Chicago Tribune that will allow subscribers to access the recommendations of the paper's TV critic, Maureen Ryan, and have their machine automatically download them. The service will only be available for the roughly 100,000 TiVo subscribers in the Chicago area, and the managing editor of the paper wistfully opined that "maybe we'll get a few people to do the unthinkable and subscribe to the newspaper."

Hell, I'm willing to offer the same basic service without a TiVo subscription — or even the use of a PVR. Just to get you started: a) turn off your TV; b) crack open a beer; c) practise your tuba playing on the front lawn; d) chuck rocks at the neighbours' kids; e) the beer thing again; f) recite loudly from dirty limerick book in comical accents; g) beer thing; h) do not resist arrest. There — a whole evening killed, and commercial-free, to boot!

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

»news In Brief

» **SPECIAL** ABC, CBS and NBC will air a live special Sept. 5 to raise money for cancer research called Stand Up to Cancer. METRO NEWS SERVICES



»going out

6:45 p.m. Killswitch Engage. At the Croatian Cultural Centre, 3250 Commercial Dr. Tix: $33. Info: *croatiancentre.com*.

7:30 p.m. Rush. At G.M. Place, 800 Griffiths Way. Tix: $85/65/45. Info: *generalmotorsplace.com*.

8 p.m. Taj Mahal and the Blind Boys Of Alabama. At the Centre in Vancouver for Performing Arts, 777 Homer. Tix: $58.50. Info: *centreinvancouver.com*

9 p.m. Keys N Krates. At Bar None, 1222 Hamilton St. Tix: $10. Info: 604-689-7000.

9 p.m. Teenage Head. At the Plaza Club, 881 Granville St. Tix: $20. Info: *plazaclub.net*.

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5/29/08

	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	22 Minutes	Just-Gags	The Nature of Things (CC)		China's Sexual Revolution		CBC News: The National (N)		(:05) The Hour
	255	358	6 CH	E! News	The Insider	Red Carpet	Style-Famous	Women of Sex and the City: The		E! True Hollywood Story		News (CC)
	254	-	8 M	Law & Order: SVU		Mandarin News		News	Interactive	Punjabi News (In Punjabi N)		The Simpsons
	250	321	9 CTV	So You Think You Can Dance (N) (CC)				Lost The Oceanic Six find themselves closer to rescue. (CC)				News (N)
	-	-	10 OMNI	According-Jim	TBA	Coach (CC)	Coach (CC)	The Standard	Messages	To Be Announced		New Day
	252	336	11 GTV	Entertainment	ET Canada	The Office	Last Comic Standing (N) (CC)				The Office	News (N)
	256	389	12 VI	Degrassi	Friends (CC)	Don't Forget the Lyrics! (CC)		Grey's Anatomy (CC)		Stargate SG-1 (CC)		News (N)
	253	359	13 CITY	Wheel-Fortune	Jeopardy! (N)	The Bachelorette The 15 bachelors arrive at DeAnna's villa.				Battlestar Galactica (CC)		Realty TV
	-	-	14 CW	'70s Show	'70s Show	Smallville "Kara" (CC)		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Bang Th	How I Met	CSI: Crime Scene Invstgtn.		Without a Trace "Fight/Flight"		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	The Office	Last Comic Standing (N) (CC)				The Office	News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Divine Design	House	Confidential	House	Wasted!	House	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Lost (Part 1 of 2) (CC)		Lost The Oceanic Six find themselves closer to rescue. (CC)				News (N)
	-	-	23 KVOS	M*A*S*H	Scrubs (CC)	Ghosts of Mars ★ (2001) Ice Cube, Natasha Henstridge.				Will & Grace	Scrubs (CC)	Seinfeld
	291	383	27 PBS	Steves Europe	Ask This Old	The Brain Fitness Program			Alone in the Wilderness (CC) (DVS)			Detox
	290	382	28 FOX	Two/Half Men	Two/Half Men	So You Think You Can Dance (N) (CC)				News (N) (CC)		Family Guy
	-	364	29 PBS	The History Project		Red Green	Time Goes By	Tavis Smiley	Charlie Rose (N) (CC)		This Old Hse.	Hometime
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	Entertainment	The Insider	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	Smallville "Kara" (CC)		Supernatural (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	Will & Grace	My Wife-Kids
	297	652	37 WPX	CW11 News at Ten		Family Guy	Two/Half Men	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		(:37) Last Comic Standing (CC)			Late Late
news	502	390	25 NW	CBC News: The National (N)		CBC News: The National (N)		CBC News: The National		Planet Earth "The Future"		National
	500	500	43 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	(6:30) MLB Baseball San Francisco Giants at Arizona Diamondbacks. (Live)					Sportsnet	Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	NBA Basketball: Conf. Final			SportsCentre (Live) (CC)		Running: 10K	Poker Night (Taped)		SportsCentre
	411	457	49 OLN	Don't Forget Your Passport		Pilot Guides (CC)		Don't Forget Your Passport		Everest: Man	Jet Set (CC)	Mark Williams
	410	403	54 SCR	Score Tonight		The Spin With Steve Kouleas.		Score Update		Score Update		Score Update
	417	406	55 SC	Low Life	Low Life	Pinks	Pass Time	Monster Jam		Pinks -- All Out		Low Life
	416	409	144 GLF	Fútbol Alemán: Equipos SA		Gol TV News		AC Milan Channel		Gol TV News		Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Mon. Warriors	Futurama	Shadow	Falcon Beach "Wake Jam"		Mystery Hnt.
	555	545	50 TEL	George	Road Runner	Scooby-Doo	Futurama	Chicken	Tripping-Rift	Chicken	Chicken	Tripping-Rift
	557	541	51 FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	The Suite Life
	553	546	56 TRE	Big Comfy	Rolie Polie	Beren. Bears	Dragon	Backyard	Dora-Explorer	Crazy Quilt	Treetown	Big Comfy
cable variety	268	354	5 KNO	Profiles of Nature (CC)		Big Ideas	e2 (CC)	Song of the Earth		Amber Time Machine (CC)		Master Order
	575	583	20 CMT	Home Imp.	Roseanne	Dedicated (N)		Reba (CC)	Hope & Faith	Home Imp.	Roseanne	Ed (CC)
	570	580	24 MM	MuchTopTens	Video on Trial	Kaya	Born to Be	Punk'd (CC)	Gone Wild	Muchmusic Countdown (CC)		
	600	564	26 H&G	Handyman Superstar		Holmes on Homes		Restaurant Makeover (CC)		Disaster DIY	The Big Flip	Handyman
	615	520	61 A&E	Crime 360 (N) (CC)		The First 48 (CC)		The First 48 (CC)		The First 48 (CC)		Crime 360
	628	584	62 SPKE	(6:00) TNA iMPACT! (N) (CC)		The Ultimate Fighter (CC)		When Animals Attack III		World's Most Amazing Videos		Disorderly
	521	560	63 TLC	Miami Ink New shop. (CC)		American Chopper (CC)		Miami Ink New shop. (CC)		Overhaulin' (CC)		Rides (CC)
	616	522	69 SHO	ReGenesis "The Trials" (CC)		Intelligence (CC) (DVS)		G-Spot (CC)	Exes & Ohs	The Shield (CC)		House (CC)
	620	523	70 BVO	(6:00) Anna Karenina ★★		Law & Order "Guardian"		Without a Trace (CC)		The Snows of Kilimanjaro ★★★ (1952)		
	601	562	71 SLC	Biggest Loser Australia (CC)		Rich Bride, Poor Bride (CC)		Last 10	Bulging Brides	Biggest Loser Australia (CC)		Trading Sp
	520	505	72 DIS	MythBusters "Air Plane Hour"		Daily Planet (CC)		Dirty Jobs		Dirty Jobs "150th Dirty Job Extravaganza"		
	522	506	74 HIS	NCIS "Marine Down" (CC)		Machines of War (CC)		1917: The Missing (CC)		NCIS "Marine Down" (CC)		Crime Stories
	627	528	75 SPC	Night Stalker "The Source"		Stargate SG-1 "Redemption"		Star Trek: Voyager (CC)		Star Trek: Enterprise (CC)		Alias (CC)
	294	650	97 TBS	(6:00) Save the Last Dance		Sex and-City	Sex and-City	(:10) Save the Last Dance ★★★ (2001) Julia Stiles. (CC)				Connie
	619	525	98 TROP	Inside Hollywood (CC)		ET Canada	What	Family Guy	Seinfeld	Seinfeld	Frasier (CC)	Family Guy
	603	561	99 FN	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America (CC)		Unwrapped	Unwrapped	Secret Life of
	626	547	97 COM	Air Farce	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park	VIP	Jon Dore	Daily Show
	320	621	60 CEN	28 Weeks Later ★★★ (2007) Robert Carlyle.				(:45) Turistas ★★ (2006, Horror) Josh Duhamel. (CC)			(:20) 28 Weeks Later ★★★	
	581	566	101 MTV	Made Three sports. (CC)		MTV Live (CC)		Made "Ballroom Dancer"		Made Three sports. (CC)		MTV Live
	261	394	102 V	(6:00) Stay Hungry ★★★		Emily of New Moon (CC)		Stay Hungry ★★★ (1976) Jeff Bridges, Sally Field. (CC)				May-Dec.
	-	-	105 MUL	The Land	Daughters	Vancouver	Main Office	Teri Meri	Sadabahar	Mor Deo Koi	Desi Rhythms	Patrol World

critics'corner

Lost
Crank up the DVR, or prepare for a long evening in front of the tube. The season finale, which finds the survivors and the "freighter people" getting ready to rumble, clocks in at a whopping three hours. But for those who weathered the long wait for the show's return, it'll be worth it, at least in terms of drama. Matthew Fox and Jorge Garcia star in "There's No Place Like Home." 8 PM on ABC

Mark Williams' Big Bangs
Mark Williams ends his limited series with, well, a big bang. He's made it to the modern history of explosives, and to help viewers understand his passion, he joins some British commandos on a mission. Also, Williams visits the atom bomb test site in New Mexico and participates in a special effects explosion inside the Arctic Circle. 6 PM on OLN

celebritybuzz

EVAN AGOSTINI/ GETTY IMAGES

Presidential wedding

Ellen DeGeneres and Portia de Rossi may have just found the ideal site for their upcoming nuptials: U.S. President George W. Bush's Texas ranch.

The U.S. talk show host was interviewing the president's newly-married daughter, Jenna Hager (nee Bush), when Jenna showed off a picture of the ceremony, *femalefirst.co.uk* reports.

Ellen said: "So, the ranch was a great place to get married – it looked like nobody could fly over and get pictures or bother you, really! So, can Portia and I borrow it for our wedding? Can we get the ranch?"

Sitting next to her mother Laura Bush, Jenna laughed and replied: "Sure!"

Ellen and Portia's nuptials are set to be a star-studded affair.

SexyBack star Justin Timberlake recently offered to pen a song for the ceremony.

Appearing on Ellen's show, Justin said: "You should have an original wedding song – I think it's only fitting. Write down everything you want to say to Portia and Portia write down everything you want to say to Ellen and I'll put it to music and it will be amazing!"

Metro News Services

NEILSON BARNARD/ GETTY IMAGES

Witherspoon's Jake ultimatum

Reese Witherspoon refuses to move in with Jake Gyllenhaal until they get married, femalefirst.co.uk reports

The Oscar-winning actress and the Brokeback Mountain star recently splashed out on a $7 million Californian mansion together but Reese wants them to tie the knot before they live together.

A source close to the actress - who has two children, Ava, eight, and four-year-old Deacon, with ex-husband Ryan Phillippe - said: "Reese doesn't want to live with Jake until they're married. She has very traditional values.

Metro News Services

Lowe drops chef lawsuit

Actor Rob Lowe has dropped a lawsuit filed against his former chef – after he reportedly agreed to provide information on two former nannies who have accused the star of sexual harassment, imdb.com reports.

Former child-minders Jessica Gibson and Laura Boyce filed the lawsuits against Lowe in April. Gibson alleged Lowe touched her inappropriately on several occasions between September 2005 and January 2008, while Boyce is also suing for wrongful termination – accusations both the actor and his wife Sheryl have denied.

Metro News Services

ETHAN MILLER/GETTY IMAGES

Jackson covers up

Michael Jackson made a rare public appearance at an Ultimate Fighting Championship match in Las Vegas on Saturday – wearing his trademark veil, imdb.com reports.

The star – who is rumored to be in talks for a spectacular show in the gambling mecca – appeared at the MGM Grand hotel for the fight wearing a black veil, with only a thin gap for his eyes, which were covered by dark glasses.

Metro News Services

DAVE HOGAN/ GETTY IMAGES

Ifans denies summer wedding

Welsh actor Rhys Ifans has denied rumors he is set to marry his fiancee Sienna Miller in a summer ceremony this year, imdb.com reports.

The couple was reportedly preparing to wed in August – a year after Miller rejected his first proposal, when the Notting Hill star asked for her hand in marriage by sending her a cryptic message in Welsh, which read: "Marry The Misfit."

The Factory Girl star said no for the second time when Ifans asked again at her 26th birthday party in December – but she finally agreed to marry him on his third attempt in March.

Reports have since been rife that the couple is planning a low-key celebration in the coming months, but Ifans has dismissed the claims.

He tells Britain's Closer magazine, "I'm not marrying Sienna this summer. I'm taking a break at the moment and just want to chill out."

Metro News Services

DAVE HOGAN/ GETTY IMAGES

Dunst battled depression in rehab

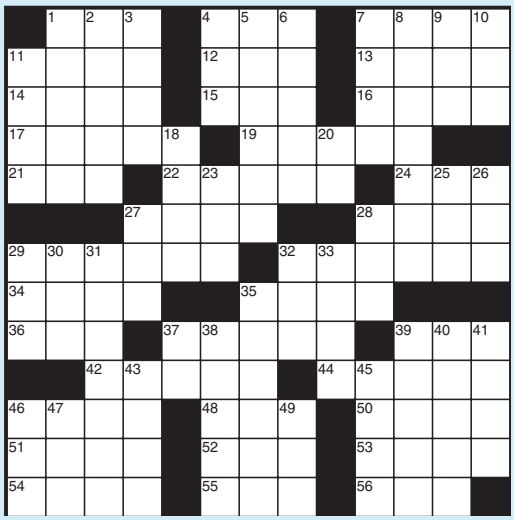
Actress Kirsten Dunst has blasted reports she checked into rehab to tackle substance abuse issues, explaining she was depressed, imdb.com reports.

In her first interview since entering a Utah treatment center last year, the Marie Antoinette star insists she spent six months trying to conquer the blues but eventually realized she needed help.

She tells E! News, "I didn't go to Cirque Lodge for alcohol abuse or drug abuse. I went there for depression. It was a good six months before I decided to go away. I was struggling, and I had the opportunity to go somewhere and take care of myself. I was fortunate to have the resources to do it. My friends and family thought it was a good idea, too. But I didn't know where to go. My doctor recommended Cirque Lodge."

Metro News Services

CARLOS ALVAREZ/ GETTY IMAGES



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37 Dr. — Manchu
38 Upright
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43 Urges Fido on
45 Tibetan monastery figure
46 Knock sharply
47 Outstanding
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across »

1 Basinger or Novak
4 Turkey or cat
7 Science rooms
11 Verdi opus
12 Bauxite or galena
13 Band member
14 Mask feature
15 Host — Sajak
16 Confine
17 Comb part
19 Wyoming range
21 Suffix for hero
22 Dress up
24 Pond maker
27 California's — Woods
28 Toy on a string (hyph.)
29 Wall paintings
32 Spliced
34 Love, to Pablo
35 Sprinkle
36 Fiber-rich grain
37 Is scared of
39 Informer
42 Loan-sharking
44 "Maria —" (Jimmy Dorsey tune)
46 Sari wearer
48 Narcissus' flaw
50 Amino —
51 Down Under rockers
52 Mowed
53 Throng
54 Pod contents
55 Tunnel blaster
56 Tarzan's nanny

previous answer

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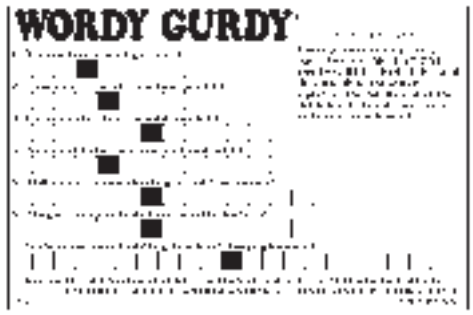

HOROSCOPE

ARIES | March 21-April 20
Your ability to find happiness needs some fine-tuning. Speak lovingly to a special person. Be more rational with a needy person.

TAURUS | April 21-May 21
A young man will cause problems. Everything will return to normal soon. A coward will shock everyone by taking action.

GEMINI | May 22-June 21
Be ready for some frustrating conversations. You'll have to use your ability to understand motives. You'll decide to test an absurd notion.

CANCER | June 22-July 22
You'll be forced to set boundaries. Nobody will be very happy about a big mistake. Make plans to reach out to a friend.

LEO | July 23-Aug. 23
You're able to relax with a member of the opposite sex. Have a good laugh about silliness. A mischief maker asks for help.

VIRGO | Aug. 24-Sept. 22
Love will bloom for an older female. Tone down your approach to a joker. Someone will back you up in a fresh scheme.

LIBRA | Sep. 23-Oct. 23
Someone precious asks you for a favour. Making a graceful exit will be the best choice. Depression comes from having extra work.

SCORPIO | Oct. 24- Nov. 22
A new schedule will make people uncomfortable. Ask a bureaucrat some serious questions. Avoid having too many drastic ideas.

SAGITTARIUS | Nov. 23- Dec. 21
Don't push anyone around in order to get ahead. Seek a miracle by taking responsibility. A woman will heed your call.

CAPRICORN | Dec. 22-Jan. 20
A pleasant meeting will cheer you. You'll have to work with a team to get a job done. Rules will inhibit the resolution of your desires.

AQUARIUS | Jan. 21-Feb. 18
A suspicious man will give you the benefit of a doubt. Get ready to shake things up. You can implement your secret plan.

PISCES | Feb. 19-Mar. 20
A woman will say something about love. Acknowledge an error. A collaborator will appear at the right time.

AVATAR VENUS

5		7	1		9			
8					6	9		
	9				2		3	
	3			4				6
	4						9	
6				2			1	
	7		2				4	
		6	8					5
			3		4	7		8

instructions »

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time »

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

4	1	3	7	8	5	6	9	2
2	6	7	1	9	3	4	8	5
8	5	9	2	4	6	1	7	3
5	4	2	9	1	8	3	6	7
7	8	1	3	6	2	9	5	4
9	3	6	4	5	7	2	1	8
3	2	5	6	7	1	8	4	9
6	9	8	5	3	4	7	2	1
1	7	4	8	2	9	5	3	6

This Day IN HISTORY

May 29, 1733: Right of Canadians to keep Indian slaves upheld at Quebec City.

May 29, 1886: Chemist John Pemberton places his first advertisement for Coca-Cola, the ad appearing in the Atlanta Journal.

May 29, 1919: Einstein's theory of general relativity is tested (later confirmed) by Arthur Eddington's observation of a total solar eclipse in Principe and by Andrew Crommelin in Sobral, Ceará, Brazil.

Metro News Services

Vancouver weather

The Weather Network
theweathernetwork.com

Afternoon	Tonight	Friday	Saturday	Sunday
Partly sunny. 15°	Partly cloudy. Low 11°	Partly cloudy. 15°/ 10°	Sunny. 18°/ 10°	Partly cloudy. 18°/ 10°

Temperature
Normals
High: 18.1°
Low: 9.8°

Records
High: 30.4°/1983
Low: 3.9°/1937

Sunrise: 5:14 a.m.
Sunset: 9:06 p.m.
Moonrise: 2:16 a.m.
Moonset: 2:55 p.m.

TWN incorporates MSC data

ADVERTISING FEATURE

HOW YOU COULD MAKE BIG MONEY IN 2008 IN ANY MARKET.

See how to extend the power of your investment dollar in 2008 and profit like the experts.

Harvard-educated hedge fund manager George Fontanills is an internationally renowned best-selling author, money manager, and options trading expert.

THE SECRET IS OPTIONS!

The wealthy have used the options market for decades to make money and protect the money they make.

Now you too can make 2008 the year that you capture huge profits and protect the money you make. Optionetics® will give YOU that power!

Let's face it. For most people, buying stocks is a one-way street. You only profit if your stock goes up. But many people are making money right NOW using options to profit when stock prices go down. While you're watching your stock prices fall, they actually see the value of their portfolios go up. Why? Because they exploit the power of options in their investment strategy!

IT'S ALL ABOUT LEVERAGE

The wealthy know how to get the same investment presence you have, but at a fraction of the cost. You see, for every $1,000 you put in stocks, they only put in $150 – $200 to achieve the same investment muscle. How? Because they use options to leverage o r control a stock rather than buy it, extending the power of their investment dollar. That's how the wealthy play the stock market, without the risk of actually buying the stock.

SO WHAT CAN YOU DO ABOUT IT?

Now, with Optionetics, you can learn the same simple strategies and techniques used by the wealthy to leverage their investment dollars using options and put them to work for YOU.

DISCOVER THE POWER OF OPTIONETICS

For a limited time, you're invited to attend the award-winning Optionetics workshop FREE. It will change the way you look at the stock market forever and show you the tools you need to protect your investment the same way the wealthy do.

- See how the rich think differently than the common investor about stock market opportunities.
- Discover investment strategies once reserved for the wealthy and the industry elite.
- Understand the market's hidden factors better than many current options traders.
- Learn to control stocks without the risk of buying them.
- Discover practical techniques for making more money in every type of market.
- Learn how you can use time-tested formulas to make big profits IMMEDIATELY.

Attend my FREE workshop, and start controlling your financial future NOW with proven moneymaking techniques.

Who Should Attend

- **Investors burned by the market**
- **Investors looking to diversify**
- **Retirees in need of extra income**
- **Parents wanting to cover education costs**
- **Investors looking to leverage their money for potentially huge gains**

5 Things Wall Street Insiders Hope YOU Never Find Out

1. Stocks are **NOT** the only way to make money in the market.
2. You **DON'T** have to buy stocks to profit from them.
3. You **DON'T** have to lose money if the price of your stock falls.
4. You **CAN** make profits no matter which way a stock goes.
5. You **CAN** control stocks for a fraction of their purchase price.

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"I find trading options very exciting. In just 13 days I made a 130 percent return. No boss, no employees and I am not limited on where to live. This system gives me the freedom I've been seeking."

— Miroslav Kavicky
Peachland, British Columbia

"The seminar was very important, worth the money, and very necessary. I made $10,000 in profits in less than two weeks!"

— John Pardo,
Victoria, British Columbia

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George Fontanills, author of valuable investing books, such as *The Options Course.*

FREE ADMISSION
Sunday, June 1, 2008
3 p.m.
Sheraton Vancouver Guildford Hotel
15269 104th Avenue
Surrey
No obligation.
Reservations not required.

FREE ADMISSION
Monday, June 2, 2008
1 p.m. or 7 p.m.
Sheraton Vancouver Guildford Hotel
15269 104th Avenue
Surrey
No obligation.
Reservations not required.

FREE ADMISSION
Tuesday, June 3, 2008
1 p.m. or 7 p.m.
Sheraton Vancouver Guildford Hotel
15269 104th Avenue
Surrey
No obligation.
Reservations not required.

FREE ADMISSION
Wednesday, June 4, 2008
9 a.m.
Vancouver Fairmont
900 West Georgia Street
Vancouver
No obligation.
Reservations not required.

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